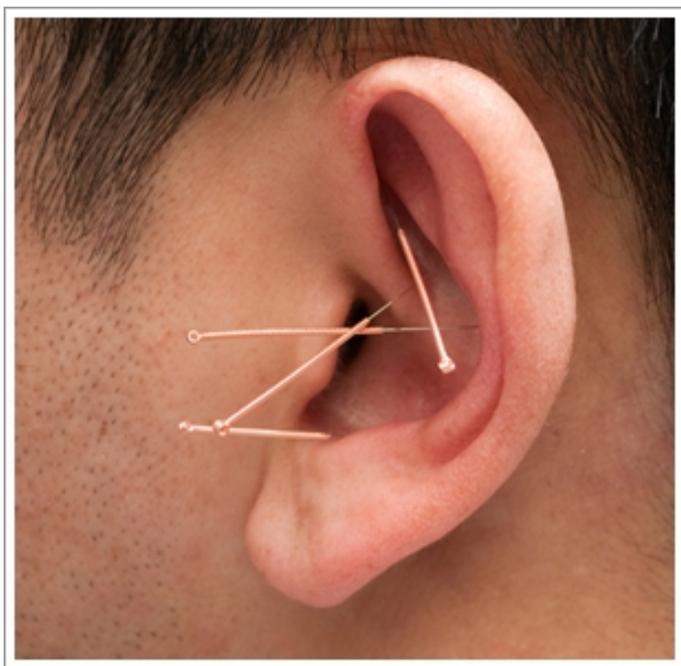


I have had insomnia off and on for the past twenty years. Three years before seeing Roxanne I had begun treating my condition with western sleeping aids. When I first moved to California my prescription no longer worked for me, and, even with the drugs I was only able to get 2-4 hours of sleep at night, and never felt rested. I was at my wit's end, and several people recommended acupuncture to me. After the first treatment, I noticed significant improvement. I gradually began to have more good nights than bad. After a month of being treated once a week, I felt that my problem was under control. For the first time in my adult life, I felt like I could sleep like a "normal" person without the use of drugs. This treatment was like a miracle to me. I would highly recommend acupuncture for treating insomnia, and Roxanne Alee as a clinician.  
Jennifer, Citrus Heights

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You helped me the most of all my providers. I had two herniated lumbar discs with lots of nerve pain ---sciatica radiating down my leg. I am a Kaiser patient, and I have to wait so long for an appointment with their acupuncturist. I couldn't wait; I had to have some relief fast. Roxanne was able to assist me with my pain, and completely take away the pain within 4 weeks. I was able to get off the Vicodin within 4 weeks. Every session the pain got better and better.  
Jacqui, Sacramento

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I began acupuncture treatment with Roxanne shortly after being diagnosed with Shingles. A

co-worker told me she had been treated with acupuncture when she had Shingles, and was very satisfied with the treatment. My doctor told me it would take a minimum of 4-6 weeks to recover from Shingles and she treated me with anti-viral and pain medication. After the first acupuncture treatment, I felt considerably better. I recovered quickly and didn't need the pain medication after all. Now that that's over, I'm a believer in acupuncture and will continue to receive treatment for other problems.

Michelle, Foresthill

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I was in excruciating pain. This awful pain began after having some dental work done. The pain was so awful, that I had thought if I could just remove my head, I could get some relief. I stopped taking Vioxx and pain killers within two acupuncture treatments. The pain went away and has not returned.

Since then, I have had several other acupuncture appointments with Roxanne. I have seen her more times this year than my regular family physician. I prefer her because I have confidence in her diagnosis and her ability to treat the medical problem. Each treatment is performed in a quiet restful way which I feel only contributes to my well being. Roxanne is also warm and caring and will talk with me as a friend. I recommend acupuncture treatments and I highly recommend Roxanne Alee.

Karen, El Dorado Hills

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After suffering a work related injury, I followed the Western approach to medicine (medications & physical therapy) for a year, but did not experience enough healing to return to work or even complete routine daily living activities. I turned to alternative therapy with Roxanne and the results have been both immediate and astounding. With continued acupuncture treatments, I am able to manage my pain and have since returned to work.

Cynthia, Elk Grove

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When I started treatment with Roxanne Alee at East West Acupuncture Center, Inc., I was suffering from a fall and hitting my head on the sidewalk. I had been suffering with symptoms of severe headaches, stabbing pain in both ears, TMJ pain and back pain for six months. I had gone to different doctors for treatment, and they had helped with some of the back pain, but the other symptoms continued with no relief. At the end of treatment with Roxanne, the pain from my TMJ was totally gone, the level of head pain was minimal and she had reduced the stabbing

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pain in the ears to a bearable amount. Overall I would recommend acupuncture to others because of the relief I received from the treatment and the ability to enjoy my daily life at a higher level.

Bonnie, Antelope

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I have Fibromyalgia and arthritis. My entire body ached, and I was tired of it. The constant pain had become a burden to carry, making me frustrated and tired, so I was going around in circles exhausted. Roxanne listened patiently and noted my concerns. She stated that our first course of action was to get the energy moving in my body. The first visit brought much relief to my entire body. I have been going to East West Acupuncture Center for a few months now. Roxanne and I have addressed other health issues including shingles with success as well. We feel we are a team working on my whole body and mind. I refer to her as my "Health Care Provider". I encourage anyone that is living with chronic pain to take the steps in alleviating their discomfort with acupuncture.

Jessica, Rocklin

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The acupuncture was very effective and I don't have any cravings. I recommend this to anyone who wants to quit smoking or chewing tobacco.

L. V., Lincoln

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